

How can you help?



DONATE

It only costs Food Forward 9¢ to recover and donate one pound of fresh produce. That means a gift of any size goes a long way! Your financial support helps Food Forward make an impact on people's health and the health of our planet every single day. Fight hunger and food waste across Southern California by making a contribution at foodforward.org/donate.



VOLUNTEER

Food Forward hosts an average of 190 volunteer-powered events across Los Angeles and Ventura Counties each and every month. Pick oranges in an orchard, glean local veggies from a farmers market, or train as an Event Leader. Giving just a few hours can make a big difference. Learn more at foodforward.org/volunteer or by emailing volunteer@foodforward.org.



SHARE

Do you have more fruits or vegetables than you can use? Contact Food Forward! 100% of what we collect is donated, free of charge, to hundreds of hunger relief agencies across our region. Plus, produce donors get a tax-deductible receipt for every donation. Go to foodforward.org/fruittrees or email harvest@foodforward.org for more information.



FOLLOW

Get the latest news from Food Forward by following us on social media or signing up for our bimonthly newsletter, Fresh Juice.

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To receive Fresh Juice, email freshjuice@foodforward.org