



Food Forward Office Volunteer Application

Thank you for your support of Food Forward, and for your interest in becoming an Office Volunteer. **Please download and complete this PDF application, save the file as “OfficeVol_YourName” and email it with your resume to volunteer@foodforward.org.** A Food Forward staff member will be in touch within 7 days. All office volunteers must submit an application with resume and attend an in-person interview prior to volunteering.

Name:

Date:

Primary Phone Number:

Home Address:

Email Address:

What is your preferred method of communication? EMAIL PHONE

Emergency Contact Name: **Relationship:**

Emergency Contact Phone:

1. Are you over 18 years old? YES NO

2. Have you volunteered with Food Forward before? YES NO

3. What Food Forward Programs have you been involved with, and for how long?

4. Are you able to volunteer 1-2x per week for at least 3 months?
YES NO MAYBE

If Maybe, please explain:

5. When are you available?

Mondays: _____ Tuesdays: _____ Wednesdays: _____

Thursdays: _____ Fridays: _____

6. Why are you interested in volunteering with Food Forward?

7. Please list any skills, certifications or interests that you would like to share (eg. computer skills, languages, etc)?